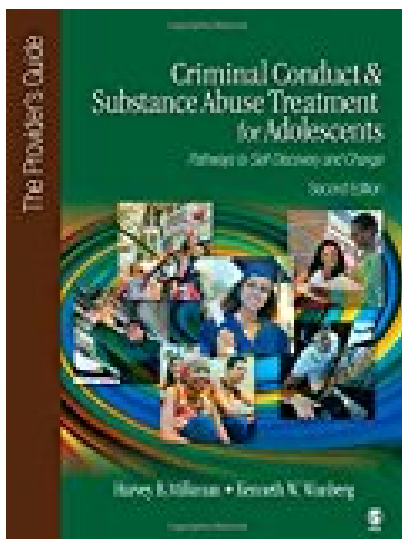


# Criminal Conduct and Substance Abuse Treatment for Adolescents Pathways to Self-Discovery and Change The Providers Guide

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## BOOK DETAILS

- Author : Harvey B. Milkman
- Pages : 648 Pages
- Publisher : SAGE Publications, Inc
- Language : English
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## **BOOK SYNOPSIS**

Milkman and Wanbergs program rests upon the best that science has to offer. Once this workbook stimulates change, it pays attention to the principles of relapse prevention that will help young people stay changed - and this is the litmus test for any treatment program that targets behavioral problems. -- Dr. Howard J. Shaffer, Ph.D., C.A.S. , Director & Associate Professor, Division on Addictions, Harvard Medical School Psychology of Addictive Behaviors Pathways to Self-Discovery and Change is the most comprehensive and thoughtful program we have seen to help at-risk youth gain freedom from crime and drugs and develop attitudes and skills to lead productive prosocial lives. -- G. Alan Marlatt, Ph.D. and George A. Parks, Ph.D. , Addictive Behaviors Research Center, University of Washington This exceptional and widely needed program shows great promise as a developmentally appropriate treatment model for adolescents who manifest co-occurring disturbances with substance abuse and criminal activity. It is uniquely designed to interest and engage high-risk teenagers in a thoughtful array of cognitive-behavioral restructuring exercises that are geared to promote fulfilling and responsible life choices. -- Lloyd I. Sederer, MD, Formerly Director of Clinical Services, American Psychiatric Association, and Medical Director , McLean Hospital/Harvard Medical School

THE PROVIDER'S GUIDE (Criminal Conduct and Substance Abuse Treatment for Adolescents) identifies psychological, biological, and social factors that contribute to the onset of adolescent deviance, including substance abuse, delinquency, and crime. Causal models for these problem behaviors are described, followed by a review of assessment and treatment protocols widely used in contemporary practice. Guidelines are provided for delivery of the 32-session PSD-C treatment curriculum, specifically designed for adolescents who manifest co-existing juvenile justice and substance abuse problems. The PSD-C Provider's Guide explains how effective adolescent treatment derives from integration of the following evidence-based strategies: motivational enhancement; stages of change; gender and diversity proficiency; cognitive-behavioral skill development; relapse and recidivism prevention; differential assessment; and individualized treatment planning. The Provider's Guide delineates principles for effective adolescent-focused treatment in tandem with the Participant's Workbook: Pathways to Self-Discovery and Change (PSD-C).

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