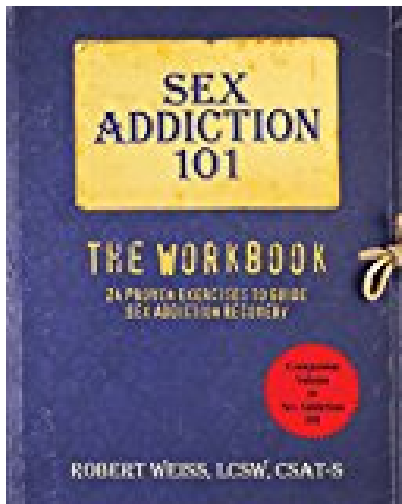


# Sex Addiction 101 The Workbook 24 Proven Exercises to Guide Sex Addiction Recovery

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## BOOK DETAILS

- Author : Robert Weiss
- Pages : 112 Pages
- Publisher : Rob Weiss and Scott Brassart
- Language : English
- ISBN : 1945330104

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## **BOOK SYNOPSIS**

As technology and the internet have become more accessible, the number of affordable, easy links to pleasurable sexual content and activity has increased with it, and so too has the number of people struggling with sex, porn, and love addiction. Unfortunately, very few people possess a comprehensive understanding of this incredibly complicated disease. Sex Addiction 101 covers everything from what sexual addiction is and how it can best be treated, to how it affects various subgroups of the population, such as women, gays, and teenagers, to how sex addicts can protect themselves from the online sexual onslaught. Sex Addiction 101 is intended to enlighten the clinical population as well as actual sex addicts and their loved ones. Along with his mentor Patrick Carnes, Weiss has become the face of and driving force behind understanding and treating sexual addiction; this book should be a core title in every addiction collection.

### **SEX ADDICTION 101 THE WORKBOOK 24 PROVEN EXERCISES TO GUIDE SEX ADDICTION RECOVERY**

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