

# Talk Sex Today What Kids Need to Know and How Adults Can Teach Them

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## BOOK DETAILS

- Author : Saleema Noon
- Pages : 320 Pages
- Publisher : Wood Lake Publishing
- Language : English
- ISBN : 1770648135

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## **BOOK SYNOPSIS**

Not sure what - or how much - information to share with children and teens regarding sex and sexual health? Do you fear what they might ask? Or how to respond to their questions? Or whether you even know the "answers" yourself? Saleema Noon knows all about these fears and concerns. An expert in sexual health education and stepparent to two teenage daughters herself, she understands the challenges adults face when addressing sensitive topics with their kids. In *Talk Sex Today*, Noon delivers an intelligent and sensible blend of current, inclusive, and practical information for children and teens - and the adults who love them. Noon builds on the foundational work of iconic sexual health educator Meg Hickling and her bestselling *Speaking of Sex* books to offer adults a break-through guide on teaching "body science." Together, with a combined 40 years of experience, Noon and Hickling broach a host of topics including: gender identity and stereotypes sexual diversity sexual consent bullying and harassment fostering healthy body image internet safety managing media influence pornography sexual decision-making teaching sexual health to children and teens with special needs Not afraid of controversy and firm in her belief that knowledge is power, Noon's broadly inclusive approach shines with the affirmation that every person - regardless of race, religion, age, ability, gender identity, gender expression and sexual attraction - deserves respect and the information that will keep them safe. This is the ultimate guide to teaching children about sexual health and is ideal for educators and parents alike.

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